

Biolab Workshop Presentations (1997 - 2011) - Audio Recordings

Individual presentations are available for doctors and practitioners for a small fee to cover our costs. Copies of accompanying notes are included (when available) on a CD-ROM.

To order copies please send payment with a list of presentations required (quote order codes). Please allow 14 days for delivery.

There is also a Biolab CD-ROM available which includes copies of speaker's handouts from all workshops and full copies of all Biolab publications.

If you are not a regular user of Biolab and would like to be included on our mailing list for advanced notification of Biolab Workshops for Doctors & Practitioners please let us know

<u>Order code:</u>	<u>Year</u>	<u>Title</u>	<u>Recording length (minutes)</u>	<u>Lecturer</u>
BWS00	1997	General Introduction	32:37	Dr Stephen Davies (Biolab) (Medical Director)
BWS01	1997	Mineral Status Assessment	53:53	Dr John McLaren Howard (Biolab) (Laboratory Director)
BWS02	1997	Toxic Load Assessment	45:00	Dr John McLaren Howard (Biolab)
BWS03	1997	Assessment of Vitamin Status	1:02:00	Dr Stephen Davies (Biolab)
BWS04	1997	Essential Fatty Acids	32:44	Dr Stephen Davies (Biolab)
BWS05	1997	Open Forum	1:06:44	Dr Stephen Davies (Biolab)
BWS06	1998	The patient with chemical sensitivity	13:06	Dr Keith Eaton (Biolab)
BWS07	1998	There is nothing to show doctor	43:41	Dr John McLaren Howard (Biolab)
BWS08	1998	Phytoestrogens. Do we need a test?	35:36	Dr Nicholas Miller (Biolab)
BWS09	1998	Laboratory findings in chemical sensitivity	48:14	Dr John McLaren Howard (Biolab)
BWS10	1998	Research techniques that may lead to tests of chemical sensitivity	59:12	Dr John McLaren Howard (Biolab)
BWS11	1998	The science and ethics of the Biolab approach	15:35	Dr John McLaren Howard (Biolab)
BWSSD1	1998	Fundamentals of the Nutritional Medical Clinical Approach - Part 1	57:48	Dr Stephen Davies (Biolab)
BWSSD2	1998	Fundamentals of the Nutritional Medical Clinical Approach - Part 2	1:15:12	Dr Stephen Davies (Biolab)
BWSSD3	1998	Fundamentals of the Nutritional Medical Clinical Approach - Part 3	45:43	Dr Stephen Davies (Biolab)
BWSSD4	1998	Nutritional Medicine - Treatment strategies - Part 1	1:11:20	Dr Stephen Davies (Biolab)
BWSSD5	1998	Nutritional Medicine - Treatment strategies - Part 2	1:14:02	Dr Stephen Davies (Biolab)
BWSSD6	1998	Nutritional Medicine - Treatment strategies - Part 3	1:12:02	Dr Stephen Davies (Biolab)
BWS12	1999	Nutritional investigation of sick children (This recording is interrupted because Dr Davies inadvertently turned his microphone off).	25:12	Dr Stephen Davies (Biolab)
BWS13	1999	Why measure antioxidant activity?	31:10	Dr Nicholas Miller (Biolab)
BWS14	1999	Fluoride ? the non-dental argument	28:06	Dr John McLaren Howard (Biolab)
BWS15	1999	Asthma	32:40	Dr John Mansfield (Clinician & Allergy Consultant)
BWS16	1999	Assessment treatment and follow-up of autistic children	44:02	Dr Edward Danczak
BWS17	1999	Immune insufficiency: frequent infections etc.	38:22	Dr John McLaren Howard (Biolab)
BWS18	1999	Ergosterol	26:23	Dr John McLaren Howard (Biolab)
BWS19	1999	New tests: Glutathione-S-Transferase	55:39	Dr John McLaren Howard (Biolab)
BWS19	1999	New tests: Leucocyte sensitivity tests ? a new approach	55:39	Dr John McLaren Howard (Biolab)
BWS19	1999	New tests: Dr John McLaren Howard (Biolab)	55:39	Dr John McLaren Howard (Biolab)
BWS20	2000 - April	A balancing act: enzymes and their cofactors/coenzymes	37:14	Dr John McLaren Howard (Biolab)
BWS21	2000 - April	Conjugated dienes	36:00	Dr Nicholas Miller (Biolab)
BWS22	2000 - April	The integration of Biolab tests within the holistic / homoeopathic approach	54:58	Dr Charles Forsyth
BWS24	2000 - April	This symptom, that result	21:28	Dr John McLaren Howard (Biolab)

BWS25	2000 - April	The role of laboratory testing in the investigation and clinical management of gut dysbiosis (first 30 mins missing)	34:36	Dr Keith Eaton (Biolab)
BWS28	2000 - November	Nutrient Deficiencies in Cardiovascular Disease	38:30	Dr John McLaren Howard (Biolab)
BWS30	2000 - November	A Case of Selenium Toxicity from Selsun Shampoo	31:24	Dr Stephen Davies (Biolab)
BWS31	2000 - November	Food Sensitivity ? The Role of Phenolic Chemicals	23:28	Dr David Dowson
BWS32	2000 - November	Chronic Pesticide Exposure	59:19	Dr John McLaren Howard (Biolab)
BWS33	2000 - November	Mercury Amalgam Fillings ? Further Observations & general discussion	32:55	Dr Finbar Magee
BWS34	2001	The toxic mouth and the practical problems faced by the dentist in trying to clean up the oral environment	58:22	Dr Victoria Lee (Mercury-free Dentist)
BWS35	2001	The principles of test selection in the assessment of nutrition	1:02:04	Dr John McLaren Howard (Biolab)
BWS36	2001	Shortcomings of the reference interval	27:53	Dr Nicholas Miller (Biolab) (Principal Biochemist)
BWS37	2001	Chronic fatigue syndrome ? differential diagnosis	28:40	Dr Peter Adams (Consultant General)
BWS38	2001	Short-chain polypeptides in serum	23:30	Dr John McLaren Howard (Biolab)
BWS39	2001	The Vicky Colquhoun memorial lecture on hyperactivity and attention deficit disorder	29:58	Dr John McLaren Howard (Biolab)
BWS40	2001	Vitamin B1 ? direct measurement or functional assay (enzyme activation test)?	14:36	Dr John McLaren Howard (Biolab)
BWS41	2002	Glucose tolerance, hypoglycaemia and associated nutritional factors	48:15	Dr John McLaren Howard (Biolab)
BWS42	2002	Cholesterol esters: Risk factors, metabolic markers and inflammatory changes	26:19	Dr John McLaren Howard (Biolab)
BWS43	2002	Detoxification pathways made simple	33:58	Dr Nicholas Miller (Biolab)
BWS45	2002	Magnesium status and magnesium metabolism	44:05	Dr John McLaren Howard (Biolab)
BWS48	2003 - February	Biolab update: Tests, research and new ideas	33:37	Dr John McLaren Howard (Biolab)
BWS49	2003 - February	Tests, research and old ideas	29:20	Dr Alan Stewart
BWS50	2003 - February	Multiple sclerosis ? the patient's perspective	9:03	Anna Golzari (Patient)
BWS51	2003 - February	Multiple sclerosis ? A hypothesis and 12 patients? results	19:27	Dr John McLaren Howard (Biolab)
BWS52	2003 - February	Dr Keith Eaton (Biolab) Memorial Lecture	31:38	Dr Damien Downing
BWS53	2003 - February	Toxic metals revisited (including new tests)	40:03	Dr John McLaren Howard (Biolab)
BWS54	2003 - February	Assessment of 40 autistic children using Biolab tests	39:24	Dr Finbar Magee
BWS55	2003 - February	Silicones - the wider perspective and patients' results	35:34	Dr John McLaren Howard (Biolab)
BWS56	2003 - February	Urine kryptopyrroles in psychosis	15:32	Lisa Lyndsay (Nutritionist)
BWS57	2003 - February	Air pollution	17:32	Dr Dick Van Steenis
BWS58	2003 - December	Nutrient-nutrient and nutrient-drug interactions	25:51	Dr John McLaren Howard (Biolab)
BWS59	2003 - December	The evidence that the increase in breast cancer is related to the use of hormones	42:14	Dr Ellen Grant
BWS60	2003 - December	Cancer: nutrient-related tests	40:03	Dr John McLaren Howard (Biolab)
BWS61	2003 - December	Fluoride: a tale of public health fraud	45:08	Dr Peter Mansfield
BWS62	2003 - December	The Biolab web site and other useful internet resources	29:56	Mark Howard (Biolab) (Biolab Manager)
BWS63	2003 - December	Headaches: nutrient-related interactions	31:33	Dr John McLaren Howard (Biolab)
BWS64	2003 - December	Urine mercury and the Kelmer test ? a five-year update	39:15	Dr Nicholas Miller (Biolab)
BWS65	2003 - December	Connective tissue defects	38:31	Dr John McLaren Howard (Biolab)
BWS66	2004	Basic concepts of nutritional supplementation	42:26	Dr Stephen Davies (Biolab)
BWS67	2004	Immune insufficiency/?immunonutrition ? nutrient-related tests	37:18	Dr John McLaren Howard (Biolab)
BWS69	2004	Autism	41:48	Dr John McLaren Howard (Biolab)
BWS70	2004	Nutritional Status of adults in the United Kingdom ? The National Diet and Nutrition Survey	49:37	Dr Alan Stewart
BWS71	2004	Mental illness	49:06	Dr John McLaren Howard (Biolab)
BWS72	2006	Fatigue in Chronic Illness	43:57	Dr John McLaren Howard (Biolab)

BWS73	2006	Fatigue is a presenting symptom of??.	33:40	Dr Alan Stewart
BWS74	2006	Biological Basis of Fatigue ? A proposed underlying pathophysiological model for chronic fatigue syndrome	39:59	Dr Sarah Myhill
BWS75	2006	Rising to the Challenge of Fatigue ? laboratory test developments	34:53	Dr John McLaren
BWS76	2006	Coenzyme Q10 (brief presentation)	8:46	Philip Worrell
BWS88	2007	Biolab ? An update	53:59	Mark Howard (Biolab)
BWS89	2007	Why Measure Carotenoids? Philip Worrel Biochemist	30:37	Philip Worrell (Biolab)
BWS90	2007	Safety of Vitamins and Minerals	43:05	Dr Alan Stewart
BWS91	2007	Gut Permeability and "Leaky Gut" syndrome	37:21	Andrew Williams (Biolab)
BWS92	2007	Toxic Metals ? What are we measuring and what can be done?	56:21	Dr Nicholas Miller (Biolab)
BWS93	2007	In vitro tests for oxidative stress	23:20	Roger Burr (Biolab)
BWS94	2007	A case of vitamin A toxicity	15:34	Margaret Moss
BWS95	2007	23 Years of Biolab but the best is yet to come (first two minutes of recording missing) plus comment on nutrigenomics by Dr Stephen Davies (Biolab)	12:35	Dr John McLaren Howard (Biolab)
BWS96	2008	Nutritional Testing in the Twenty First Century	9:00	Dr Stephen Davies (Biolab)
BWS97	2008	Breath Hydrogen Testing	30:00	Dr Nicholas Miller (Biolab)
BWS98	2008	Selenium and recent developments in the safety of nutritional supplements	45:00	Dr Alan Stewart
BWS99	2008	B Vitamins - an update	29:00	Roger Burr (Biolab)
BWS100	2008	Essential fatty acids: how to interpret the profile	25:00	Rebecca Chan (Biolab)
BWS101	2008	Current developments in homocysteine analysis	18:10	Philip Worrell (Biolab)
BWS102	2008	Nutritional supplementation in HIV/AIDS	24:00	Juliet Hayward (The Nutri Centre)
BWS103	2008	ICP-MS comes to Biolab	20:00	Abbie Arthur (Biolab)
BWS104	2008	A new agent for mercury chelation and its use in dynamic testing for tissue mercury	45:00	Dr Alan Hibberd (toxicologist)
BWS105	2009	The Impact of Socioeconomic Deprivation on Nutritional Status, This recording is interrupted mid-way due to a microphone fault, and the recording level is low 6-17 minutes into the recording.	35:56	Dr Alan Stewart
BWS106	2009	IgE Allergy Screens at Biolab	33:27	Dr Nick Sturley (Hitachi)
BWS107	2009	Glutathione Peroxidase & Other Antioxidants	43:00	Dr Nicholas Miller (Biolab)
BWS108	2009	Case presentation - "It doesn't have to cost a lot"	14:41	Margaret Moss
BWS109	2009	Gut Permeability Update	20:48	Roger Burr (Biolab)
BWS110	2009	Vitamin D	21:07	Philip Worrell (Biolab)
BWS111	2009	Vitamin E	18:53	Kamil Jasniewicz (Biolab)
BWS112	2009	Iodine	42:26	Dr Nicholas Miller (Biolab)
BWS113	2009	Case presentations - "Fish consumption and mercury" and "Sudden onset focal epilepsy"	17:04	Dr Alan Stewart
BWS114	2010 - Mar	History of Biolab	12:30	Dr Stephen Davies (Biolab)
BWS115	2010 - Mar	Making a Nutritional Assessment	37:37	Dr Alan Stewart
BWS116	2010 - Mar	Nutritional and Toxic Elements	58:41	Dr Nicholas Miller (Biolab)
BWS117	2010 - Mar	Case presentations - Post Wilm's Tumour in Childhood & Psychological Problems	30:43	Dr Jenny Goodman
BWS118	2010 - Mar	Safety of Nutritional Supplements	33:20	Dr Alan Stewart
BWS119	2010 - Mar	Disease Related Profiles	15:17	Dr Alan Stewart
BWS120	2010 - Mar	Gut Function & Biolab tests	59:07	Dr Nicholas Miller (Biolab)
BWS121	2010 - Mar	Essential Fatty Acids	42:26	Dr Stephen Davies (Biolab)
BWS122	2010 - Mar	Using Biolab in Lipid and Vitamin D Therapy (preceded by an introduction to The British Society of Ecological Medicine.	43:06	Dr Damien Downing
BWS124	2010 - Sep	Assessment of selenium status – case presentation	23:31	Dr Alan Stewart
BWS125	2010 - Sep	The use of a multi sensor armband in the treatment of a case of chronic fatigue",	27:30	Anna Holder
BWS126	2010 - Sep	The use of gut function tests – case presentations	36:16	Dr Nicholas Miller (Biolab)
BWS127	2010 - Sep	Case notes highlighting the gut fermentation profile,	30:01	Dr Apelles Econs
BWS128	2010 - Sep	The use of blood and urine elemental analysis in the monitoring of diseases – case presentations	34:16	Dr Nicholas Miller (Biolab)
BWS129	2010 - Sep	Case notes highlighting allergy diagnosis using IgE screens	31:19	Dr Apelles Econs
BWS130	2010 - Sep	Using the urine toxic metals screen to monitor heavy metal removal in ASD/ADHD	40:26	Dr Damien Downing

BWS131	2010 - Sep	Case presentation – The use of hair elemental analysis in practice	30:18	Dr Peter Mansfield
BWS132	2011 - April	Fluoride, Myths & Facts	35:28	Dr Stephen Davies
BWS133	2011 - April	Case Studies	36:45	Dr Jenny Goodman
BWS135	2011 - April	Nutritional Causes of Death	33:09	Dr Alan Stewart
BWS136	2011 - April	Impact of micronutrient deficiencies or excesses on cancer development	39:31	Prof. Robert Thomas
BWS137	2011 - April	DMSA Provocation test for mercury and cadmium	45:30	Dr Nicholas Miller
BWS138	2011 - April	Nutritional Medicine and Mental Health	56:02	Deborah Coulson