
Biolab Medical Unit

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Biomer Test – Patient instruction sheet

Biomer is the trade name for a combined chelating complex and nutritional supplement that chelates mercury (and some other toxic metals) which are then excreted in the urine.

IMPORTANT NOTE: This test should not be performed if you are, or maybe, pregnant. If you have diabetes, asthma, kidney or gallstones please discuss with your doctor if you should proceed with this test.

Protocol

1. Collect a random, mid-stream, urine sample into the sample bottle numbered 1 at 11am in the morning.
2. Take all the supplied Biomer capsules with a glass of water, or other cold drink if you prefer. Each capsule contains 600mg of active chelator and the quantity has been calculated on the basis of 50 mg per kg body weight.
3. At 1pm (precisely 2 hours after taking the Biomer capsules), collect another mid-stream urine sample into the sample bottle numbered 2.
4. At 2pm (precisely 3 hours after taking the Biomer capsules), collect another mid-stream urine sample into the sample bottle numbered 3.

It is important that the above protocol is followed precisely to ensure the validity of the results. It is suggested that you drink no more than half a litre during the test period, and you may eat normally. You can urinate as normal during the test period, but ensure that urine samples are collected at the designated times.

Write your name, date of birth and the sample date clearly on each sample bottle and return to Biolab at the above address without delay.

If you have any further questions please do not hesitate to contact us.

If you have not already paid for this test, please send your payment of £65 with the three urine samples (plus £45 for each additional toxic metal level requested).

Thank you.

Dr Stephen Davies
Medical Director

IMPORTANT NOTE

We can only accept samples for analysis if they are clearly labelled with the patient's name and date of birth and you include a contact address, telephone number and the referring doctor/dentist's full name and address.

If you do not have a Biolab green pathology request form or a letter from your doctor/dentist to submit with the samples please write the above details on the reverse of this sheet and enclose with the samples.

If these samples are for part of a test request we have already received, or you have an appointment at Biolab in the near future, please also include details (i.e. Biolab reference number or date of tests).

Thank you for your help.